

# Local Wellness Policy: Triennial Assessment

## Background

A local school wellness policy is a written document that guides a local education agency's (LEA) or school district's efforts to establish a school environment that promotes students' health, well-being and ability to learn. The wellness policy requirement was strengthened by the Healthy, Hunger-Free Kids (HHKA) Act of 2010. An assessment of the school wellness policy must be conducted a minimum of once every three years; however, LEAs may assess the policy more frequently.

## Triennial Recordkeeping

This assessment resource is offered as a way to summarize the information gathered during the assessment. It contains the three required components:

1. Compliance with the wellness policy
2. How the wellness policy compares to model wellness policies
3. Progress made in attaining the goals of the wellness policy

LEAs can document the assessment in other formats as long as the three required components are included. Keep a copy of the most recent triennial assessment, school building progress reports and additional supporting documentation on file. These will be needed during a School Nutrition Program administrative review.

## Public Updates

HHKA requires that LEAs make the following available to the public on an annual basis:

- The wellness policy, including any updates
- Position title of the designated school official(s) who lead the local wellness committee
- Information on how the public can get involved with the local wellness committee
- The Triennial assessment also needs to be made available to the public every 3 years

## Resources

- [Iowa Sample Wellness Policy](#): Developed by Iowa Association of School Boards and Iowa Department of Education, can be utilized as a guide when updating policies.
- [Healthy Choices Count 5-2-1-0!](#): Iowa Healthiest State Initiative has a registration process for schools that includes a questionnaire of current policies and practices. The questionnaire can be used as a tool to review and update the policy

## Section 1: General Information and Wellness Committee

LEA (Local Education Agency) name	Orange City Christian School
Date Triennial Assessment was completed	1/27/2026
Date of last wellness policy review	12/15/2026
How often does the school wellness committee meet? Date of last meeting?	12/4/2025 - We try to meet once a year. We did not have all of the required member slots filled. We will fill them going forward.
Were the required annual public notifications completed this year?	No, they will be made going forward.

**Designated School Wellness Leader**—LEAs must designate at least one school official responsible for determining the extent to which each school under their jurisdiction follows the wellness policy.

<b>Name:</b>	Jason Alons
<b>Job Title:</b>	Principal
<b>Email:</b>	jalons@occhristian.pvt.k12.ia.us

**School Wellness Committee Members**—schools must permit involvement from parents, students, school food service, teachers of physical education, school health professionals, school board members, school administrators and general public

Name	Job Title/Volunteer	Email
Lana Faulkner	Head Cook	foodservice@orangecitychristian.net
Delanie Niemyer	PE teacher	dniemyer@orangecitychristian.net
Jason Alons	Principal	jalons@orangecitychristian.net
Spencer Groeneweg	School Board Member	<a href="mailto:Thegroenewegs@gmail.com">Thegroenewegs@gmail.com</a>
Anna De Groot	School nurse	adegroot@orangecitychristian.net
Rebecca Oordt	Student	reoordt27@orangecitychristian.net

Rachelle Oordt	Parent	roordt@orangecitychristian.net
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## Section 2: Compliance with the Wellness Policy

[OCCS wellness policy](#)

At a minimum, local wellness policies are required to include:

Specific goals for nutrition promotion and education

-covered

Specific goals for physical activity

-covered

Specific goals for other school-based activities that promote student wellness

-covered

Standards and nutrition guidelines for all foods and beverages sold to students before, during and 30 minutes after the school day

-added a line to cover this

Standards for all foods and beverages provided, but not sold, to students during the school day (classroom parties, classroom snacks brought by parents, incentives, etc.)

-covered

Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards

-added a line to cover this

Description of public involvement, public updates, policy leadership, and evaluation plan.

-We needed to add how we will meet this.

### Wellness Committee

Orange City Christian School has a wellness committee consisting of the Head Cook, PE teacher, Principal, School Board Member, School Nurse, a Student representative, a Parent representative. This committee shall meet once a year to evaluate the goals set and progress toward meeting those goals.

Another form of documentation for Section 2 is the [School Wellness Policy Checklist](#).

## Section 3: Comparison to Model School Wellness Policies

The [Alliance for a Healthier Generation Model Policy](#) is to be used as a best practice guide. Compare local wellness policy language with the model policy and identify areas where the language is comparable to the model policy and potential areas that can be strengthened.

**Optional Resource:** [WellSAT 3.0](#), Online quantitative tool that determines where revisions

are needed to strengthen the language in school wellness policies and provides sample language.

Areas with Similar Language	Potential Areas to Strengthen Language
<p>▪ OCCS does not sell food or beverage items to students during the school day.</p> <p>Other comparisons to the model wellness policy will be covered at the next wellness committee meeting.</p>	<p>In order to be compliant with the USDA final rule, all foods and beverages marketed to students on the school campus during the school day will meet or exceed Smart Snacks. This includes the marketing of products on:</p> <ul style="list-style-type: none"> <li>• the exterior of vending machines</li> <li>• posters, flyers, menu boards, coolers, trash cans and other foodservice equipment</li> <li>• cups used for beverage dispensing</li> </ul> <p>As entities, including the district, school nutrition services, athletics department, and the parent-teacher association/ organization* (PTA/PTO) review existing contracts and consider new contracts, equipment and product purchasing (and replacement) decisions should reflect the marketing guidelines established by this LWP.</p>

## Section 4: Progress Towards Goals

Evaluate your compliance and progress towards each of your goals using a method of your choosing. [Evaluation progress report.](#)

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U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410; or
2. fax:  
(833) 256-1665 or (202) 690-7442; or
3. email:  
[Program.Intake@usda.gov](mailto:Program.Intake@usda.gov)

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