

OCT2020

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

menu subject to change without notice

SUN MON TUE WED THU FRI SAT

| | | | | | 01 | 02 | 03 |
|--|---|--|---|--|------------------------------------|------------------------------------|----|
| | Broasted Chicken Cherry Tomatoes Potato Wedges Dinner Roll Fruit & Milk | Goulash (New!) Garlic Bread Cheese Stick Lettuce Salad Fruit & Milk | Hot Beef Sandwich Mashed Potatoes Green Beans Fruit & Milk | | NO LUNCH No School Heartland | NO LUNCH No School Heartland | |
| 04 | 05 | 06 | 07 | 08 | 09 | 10 | |
| Beef OR Fish Sticks Mashed Potatoes Corn Dinner Roll Fruit & Milk | Stuffed Crust Pizza Broccoli Cottage Cheese Pudding Fruit & Milk | Chicken Patty Sandwich Raw Carrots Sweet Potato Fries Fruit & Milk | Chili Soup Lettuce Salad Cinnamon/ Caramel Roll Fruit & Milk | Walking Taco Potato Coins Black Beans Fruit & Milk | | | |
| 11 | 12 | 13 | 14 | 15 | 1:30 out 16 | 17 | |
| French Toast Sticks Sausage Links Breakfast Potatoes Baked Apples Fruit & Milk | Chicken Alfredo Bake Garlic Bread Tiger Salad Fruit & Milk | Pulled Pork Sandwich Sugar Snap Peas Baked Beans Chips Fruit & Milk | Chicken Nuggets Potato Wedges California Blend Veggies Fruit & Milk | Sweet Chili or Plain Chicken Rice Stir Fry Veggies Jello Fruit & Milk | | | |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 | |
| Pork Chopette Mashed Potatoes Green Beans Dinner Roll Fruit & Milk | Spaghetti Bread Stick Cheese Stick Lettuce Salad Fruit & Milk | Grilled Chicken Sandwich Cooked Carrots Sweet Potato Fries Fruit & Milk | Baked Potato Bar Steamed Broccoli Chili Beans Pretzel Sticks Fruit & Milk | 12:00 DISMISSAL End of 1 st Qtr | | | |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 | |
| French Toast Sticks Sausage Links Breakfast Potatoes Baked Apples Fruit & Milk | Chicken Parmesan with Noodles Cashew Lettuce Salad Fruit & Milk | Build a Burger Sugar Snap Peas Baked Beans Chips Fruit & Milk | Chicken Strips French Fries California Blend Veggies Fruit & Milk | Super Nachos Potato Coins Refried Beans Fruit & Milk | | | |