

Wellness Policy

Orange City Christian School recognizes that our children are image-bearers of God. We are committed to develop each student's spiritual, intellectual, emotional, social, physical, and academic potential in a caring Christian community where all activities seek to be motivated by our commitment to the Lordship of Jesus Christ.

We strive to maintain a learning and working environment that promotes and protects student's health, well-being, and ability to learn by supporting healthy eating and physical activity through:

1. Engaging students, parents, teachers, food service professionals, health professionals, and other interested community members in developing, implementing, monitoring, and annually reviewing local nutrition and physical activity practices and policies. The committee responsible for this will be the School Improvement Advisory Committee (SIAC) which will include representatives of students, parents, food service staff, other staff personnel, board of trustees, administration, and community.
2. Providing all students in grades K-8 with opportunities, support, and encouragement to be physically active on a regular basis. This will include an articulated curriculum, offering a wide range of activities leading to lifelong physical health.
3. To the extent possible, foods and beverages sold or served at school will meet the nutrition recommendations of the U.S. Dietary Guidelines for Americans.
4. Food Service personnel will provide students with access to a variety of affordable, nutritious, and appealing foods that meet the health and nutrition needs of students; will accommodate the diversity of the student body in meal planning; and will provide clean, safe, and pleasant settings and adequate time for students to eat.
5. To the extent possible, we will participate in available federal school meal programs (i.e. National School Lunch Program, School Breakfast Program, Summer Food Service Program, Fruit and Vegetable Snack Program).
6. Providing nutrition education and physical education to foster lifelong habits of healthy eating and physical activity, and establishing linkages between health education and school meal programs, and related community services.
7. Guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by the Secretary of Agriculture pursuant to the Child Nutrition Act and National School Hot Lunch Act.